NOMB CHANGES

Impact Report



Believing in the positive impact of surfing.

2024

Asociación cultural-deportiva NOMB Changes

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O1. About NOMB Changes

Welcome to the NOMB Changes Impact Report—a snapshot of our mission, our achievements in 2024 and the road ahead.

Surfing not only connects us just to the waves, but also to impactful initiatives across the globe. As four friends united by our love for the ocean, we harness the power of surfing to embark on diverse projects that advocate for environmental sustainability, social equality, and community empowerment. We leverage our unique experiences and shared passion to initiate real-world changes. Through surfing, we open doors to new cultures, promote inclusivity, and inspire action towards protecting our planet.

Based on the rugged shores of Fuerteventura, our journey began in 2022.

We're happy and proud to present how far we have come so far. Enjoy the journey through our 2024 year!



I have come across so many situations where I have seen surfing make such a positive difference in peoples lifes. I truly believe in the positive impact of surfing.





Surfing has opened many doors for me: to the ocean, to people, to places and to myself.
Through NOMB
Changes, I want to open these doors alongside others and for many more to follow.





I can't wait to make an impact with NOMB Changes in this world, taking little steps but going a long way. I believe in equality and justice, no matter where and how.





Surfing is more than just a sport – it's a connection to the ocean, a challenge, a teacher. I believe in its power to create positive change and I am grateful to take small steps toward a big impact with NOMB Changes.

Doro Secretary

O2. Our story so far

Our Mission

Using surfing as a tool we plan, implement and support projects. As an impulse for education, evolution and change in the areas:

Nature - Ocean - Mind - Body

Nature is our origin and our home. Mother earth is the basis of existence for all beings, and we strive to respect and protect her.

The **ocean** as our place of energy as well as our playground. Our safe haven and our challenge. Here we find balance, connection and energy. Its protection is our mission.

Change begins within the **mind**. We believe in the importance of mental health, equality and equal opportunity. We offer safe space for personal experiences and challenges.

Our **body** is the most complex machine ever built. We promote body experience and positive body images. We encourage personal challenges and individual growth.

Our Story

NOMB Changes is a NGO evolved from the passion for surfing, the love for mother earth and the fundamental belief of initiating great changes with little steps.

Our Goal

Creating sustainable change within individual human beings as well as in the society through the sport of surfing and its connection to mother nature.

Our Motivation

To make a difference together with our community of NOMB Changers. We strive for a greener, fairer and more social world.

Our Noushy



1

Para Surf Training

Mind & Body



Anne, Loli, Christopher and Angie in Gran Canaria getting ready for the competition.

Involved: Angie

Partners: Anne Kubsch, Play & Train

Time: January - June 2024

Location: Fuerteventura, Gran Canaria - Canary Islands

Impact:

In the first half of the year, Angie coached Christopher weekly in preparation for the *LPA Surf City No Limits* competition in June 2024 (Gran Canaria, Canary Islands).

This training was conducted in collaboration with Play&Train.

Angie was supported by professional physiotherapist Anne Kubsch, who worked on Christopher's mobility and muscle development.

Both Angie and Anne joined Christopher and his mother to the competition in Gran Canaria for direct support.

Christopher smashed 11 waves in one heat, and even more in his second heat. Wow! We're so proud of him!

After Christopher's successful participation in the competition, the training continued throughout the summer, this time in collaboration with Fuerte Tribu. However, due to Christopher's decision, the training is currently on pause.

Resources:

time, knowledge, coaching, support, networking, fundraising We funded the project with **676,05** €.

Perspective:

The project ended in 2024, with the opportunity to resume training in the second half of 2025.

2

Waves of Inclusion I

Mind & Body



Corinne, volunteers Rainer and Erika, Chicken, Kai and Anja all stoked and happy after taking some waves of inclusion!

Involved: Chicken

Partners: SwissWaveAcademy (SWA)

Time: April 2024

Location: Oana Surf, Ebikon, Lucerne in Switzerland

Impact:

This was the first time in Oana Surf Ebikon that paraplegics could surf a standing wave, with the help of the NOMB Changes and SwissWaveAcademy Team. Supported by many volunteers, a great atmosphere with cheering people and fans, the two women even managed to surf the standing wave without help at the end of the evening.

What an achievement, and the smiles on those faces and the pride in all the hearts. Epic!

Resources:

time, support, networking We funded the project with 650 €.

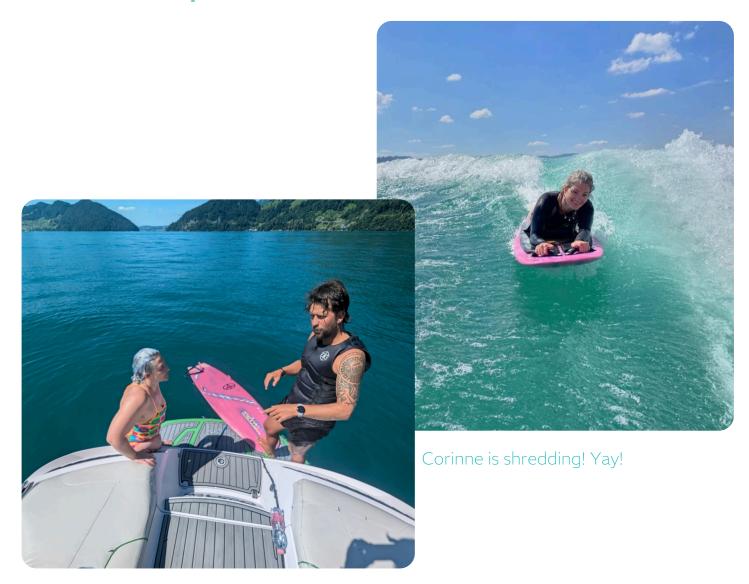
Perspective:

The project is planned every year, even with the possibility of more than one event.

3

Waves of Inclusion II

Mind & Body



Kai explaining Chris how to get into the wave.

Involved: Chicken

Partners: SwissWaveAcademy (SWA)

Time: August 2024

Location: Beckenried, Vierwaldstättersee Switzerland

Impact:

NOMB Changes, SWA and many volunteers managed to let 5 wonderful human beings with physical impairments (paraplegic, leg prothesis etc.) to experience the moment of wakesurfing, surrounded by a magnificent landscape and a cheering support team.

A whole day was spent surfing, swimming, laughing and enjoying the atmosphere and the sun.

Every single one was able to wakesurf within their abilities and thanks to the help, needed personal support and coaching from SWA.

Resources:

time, support, networking We funded the project with 1800 €.

Perspective:

The project is planned for every single year, even with more than one event.

4

SurfDay Bern

Mind & Body



The team is having fun! Chicken, Annina, Philipp, Annette and Linda

Involved: Chicken, Annette

Partners: Linda Schenker, Badi Köniz, Ref. Kirchgemeinde Köniz

Time: August 2024

Location: Köniz Bern, Switzerland

Impact:

The SurfDay in Bern was established to reach families and their children, especially girls, to experience surfing as a sport in a landlocked country like Switzerland.

The SurfDay in Bern aims to connect children and families with the impact surfing can make for the Body and Mind.

In 2024 the SurfDay in Bern became more inclusive, encouraging children with physical or mental impairment to take part on the SurfDay.

Resources:

time, fun, coaching, networking We funded the project with **80,00 €**.

Perspective:

The project will be planned every single year.

5

Trancalmate

Mind & Body



Stoked Trancalmate-Power-Ladies enjoying after surf sun at the beach!

Involved: Angie

Partners: Anna Götz, Rahel Klein, Ramon Alvarez

Time: September 2024 Location: Galicia, Spain

Impact:

Trancalmate is surf & yoga camp carefully designed for women with/after breast cancer and/or the genetic mutation BRCA I and II.

For the 3rd year in a row, the camp was held in Northwest Spain, with 5 women participating.

The impact was overwhelming, all of the women used the ocean as a place for healing and support, and the sport of surfing as a tool to regain confidence and feel good about themselves.

Resources:

time, knowledge, coaching, support We funded the project with **674,55 €**.

Perspective:

Trancalmate IV is planned for September 2025.

6

Make a Wave

Mind & Body



Chicken on her way to Make a Wave in Hawaii

Involved: Angie, Chicken

Partners: The Shredders: Rahel Klein, Anne Kubsch

Time: September 2024

Location: Fuerteventura, Galicia (Spain), O'ahu (Hawaii)

Impact:

In September co-founders Angie and Chicken were taking part in a 30 days surf challenge.

Together with their team "The Shredders" with Rahel Klein and Anne Kubsch, they raised a total of 1130,00 € for families in remote surf communities.

Resources:

Lots of Surfing – every day in September.

Perspective:

NOMB Changes strives to support sustainable projects every year. It is our hope that at least one NOMB Changer co-founder will participate in Make A Wave every year.

O4. Activities of the board 2024

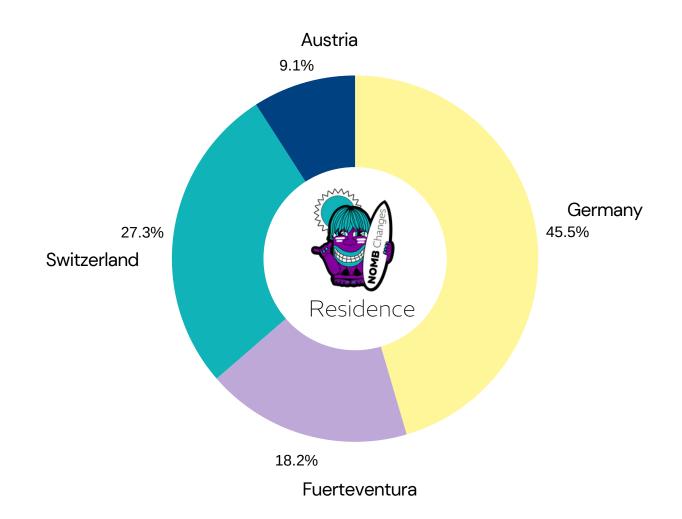
In 2024, the board of NOMB Changes worked intensively to further advance the organization's goals and mission.

This also meant setting clear priorities for upcoming actions and projects. The board focused on strengthening sustainable and social initiatives, establishing new structures (such as protocols and processes), and fostering collaboration both within the team and with external partners (e.g., FuerteTribu, SwissWaveAcademy, etc.).

Through dedicated efforts, we were able to achieve key milestones:

- Opening a bank account
- Structuring finances
- · Revamping the website
- Developing new projects
- Establishing and optimizing processes
- Searching for essential services such as insurance, tax advisors, and legal counsel

05. Members



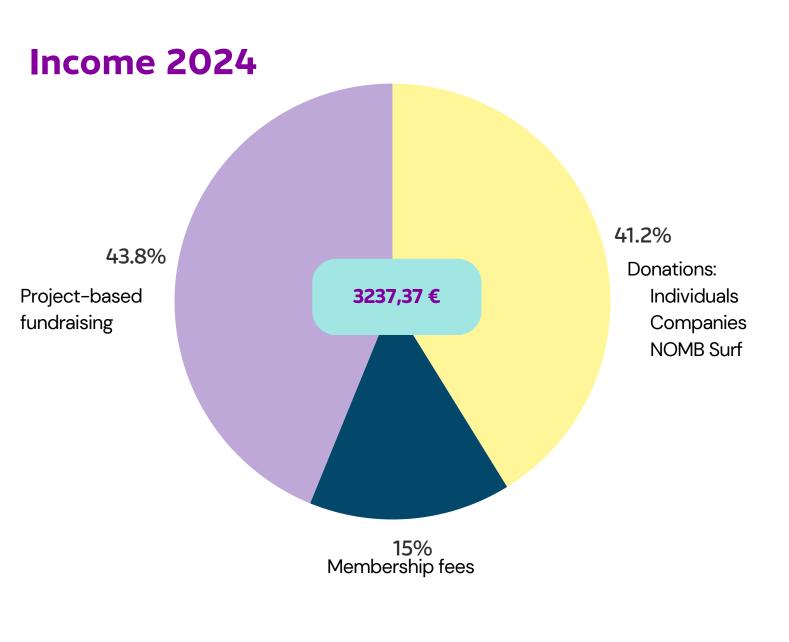
Members 2024
11

Withdrawls
0

New members
7

Goal for 2025
38

06. Finances

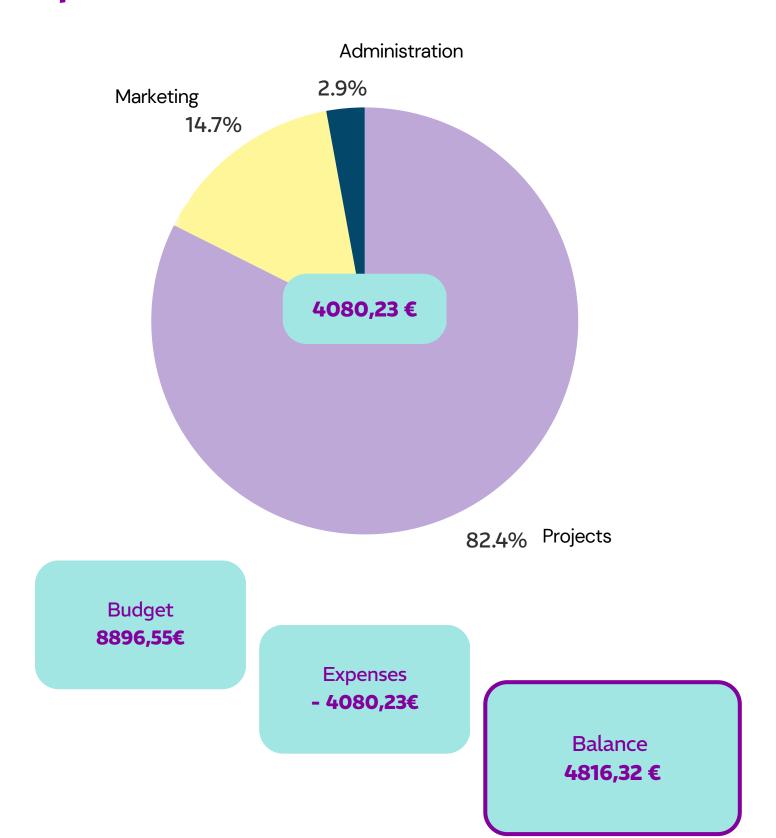


+ Reserves 2023: **5659,18€**

Total **8896,55 €**

Finances

Expenses 2024



O7. Our Plans for 2025

For us, **surfing is more than just a sport** — it is an opportunity to grow and to cultivate greater awareness of ourselves, others, nature, and the ocean. That's why we are committed to **making surfing accessible** to people of all backgrounds, genders, and abilities. We aim to **inspire** the surf community by **empowering** people and breaking down barriers through our projects. We want to **learn** from others, be inspired, **share our knowledge**, and **encourage** people to take action.

In 2025, we are focusing on women's empowerment.

Our established projects we want to carry on.

As NOMB Changes never runs out of ideas, two new projects are planned:

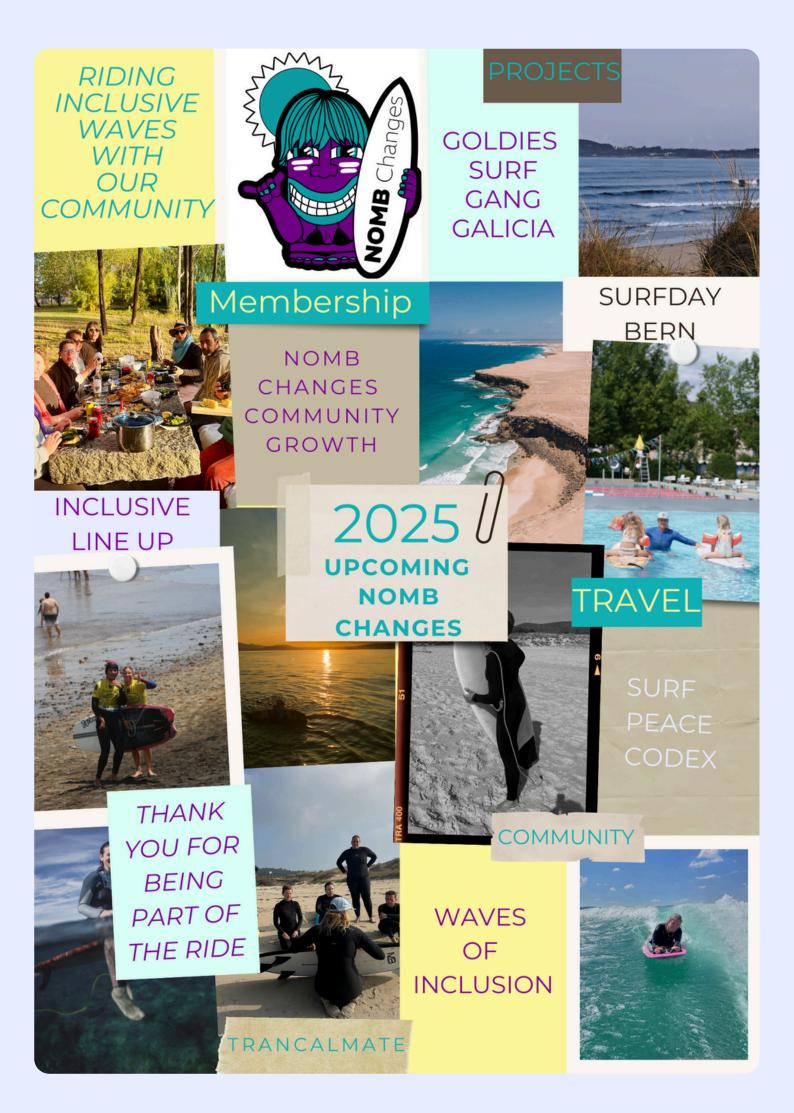
The Goldies Surf Gang will launch its first edition in September 2025. This project is specifically designed for women over 60, making it easier for them to access surfing and become part of the community. It aligns perfectly with our focus for the year: promoting more diversity in the lineup and fostering inclusive waves.

Another highlight is the creation of an illustrated Surf Peace Codex. Unlike traditional surfing rules, this code emphasizes making surfing a truly positive experience while promoting values such as respect, community, and sustainability. After all, don't we all want positive surfing experiences both in and around the water?

In 2025, NOMB Changes aims to **expand its membership base** by offering both digital and traditional paper registration forms to reach a wider audience. Additionally, the Executive Board has been restructured with clear areas of responsibility to **enhance efficiency** and better implement the organization's projects and goals. We want to **increase our donation revenue** and have therefore created a detailed marketing plan, which will take effect immediately.

With these goals and projects, we want to use 2025 to further develop NOMB Changes and realize our vision of a more diverse, inclusive and stronger surfing community.

We welcome everyone to partcipate in the mission of NOMB Changes - whether as a volunteer or simply by being part of the whole.



Acknowledgements

We would like to acknowledge the incredible individuals whose dedication and hard work brought these projects to life.

Claudia Trabalski
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Anne Kubsch
Kai Flüeler (SwissWaveAcademy)
Tamara Sterki (SwissWaveAcademy)
Rainer Schaub
Philipp Kohli (Kirchgemeinde Köniz)
Ramon Alvarez

All our dedicated members. All our beautiful volunteers. All our generous donors. All our personal support.

We thank you for your ongoing support of NOMB Changes